



# Unhealthy Relationship

TO SCHEDULE A PRESENTATION



# Healthy Relationship



- Eye he punched for looking at him the wrong way
- Fat lip when he smacked her for smiling at someone else
- Bruise where her boyfriend choked her
- The cell phone he got her to constantly check-up on her
- The wrist he grabbed when she tried to walk away from him

### Contact:

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Family Violence Prevention Coordinator  
 Marion Children's Alliance  
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[www.mcchildrensalliance.org](http://www.mcchildrensalliance.org)

### Sponsored by:



**SAVE-A-FRIEND Hotline**  
**1-877-7FRIEND**

**Local Domestic Violence Shelter**  
**(352) 622-8495**

**Ocala Police Department**  
**(352) 369-7000**

**Marion County Sheriff's Office**  
**(352) 368-3535**

Sign the Anit-Violence Pledge @  
[www.BreaktheSilenceOnViolence.org](http://www.BreaktheSilenceOnViolence.org)

- Eye that her boyfriend looks into lovingly
- Smile that he loves to see
- His favorite place to kiss
- The cell phone he uses to tell her he loves her

- The hand her boyfriend holds when they go for a walk



# Break the Silence on Teen Dating Violence

## Teen Dating Violence

happens in a relationship when one person uses a pattern of behavior to gain power and control over the other person.

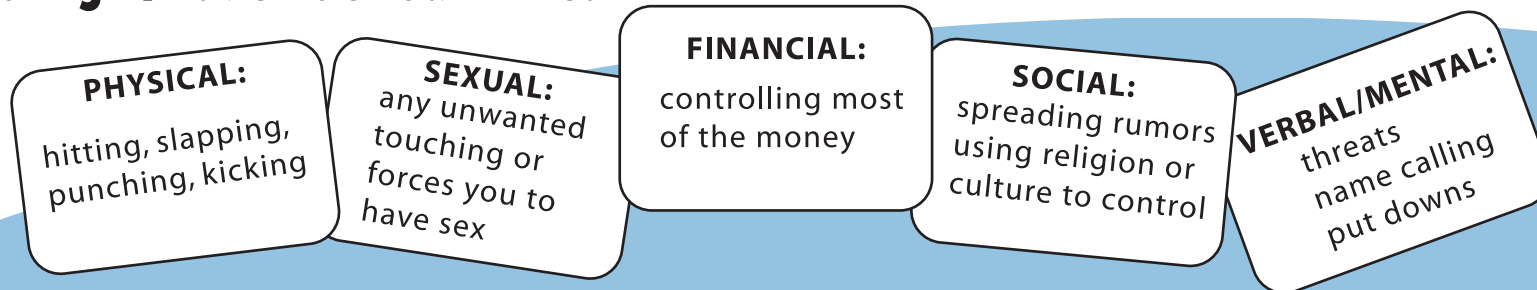
**THE VIOLENCE IS INFLUENCED BY HOW TEENAGERS LOOK AT THEMSELVES AND OTHERS**

## Know the Facts

Teen Dating Violence is often hidden because teenagers typically ...

- Are inexperienced with dating relationships
- Are pressured by peers to act violently
- Want independence from parents
- Have romantic views of love

## Teen Dating Violence Can Be:



## YOU HAVE THE RESPONSIBILITY TO

Determine your limits and values

Respect the limits of others

Communicate clearly and honestly

### Bill of Rights

You have the right to:

1. Disagree
2. Leave a relationship
3. Be treated as an equal
4. Be treated with respect
5. Have a health relationship
6. Choose and keep your friends
7. Change your mind - at any time

### PLEDGE Never To:

**COMMIT** or tolerate any act of violence.

**REMAIN** silent or **MAKE** excuses for abusers

**STAY** in a unhealthy relationship

### Teen Dating Violence Safety Plan

1. In an emergency, I can call (911), the Ocala Police Department's victim advocates at (369-7000) or the local domestic violence shelter (622-8495). I will keep these numbers with me at all times and carry \_\_\_\_\_'s number, which is \_\_\_\_\_ if I'm in danger.
2. I will contact my family or friends and use the code word \_\_\_\_\_, which means I need help.
3. If I decide to leave, I will go to one of the following safe places: \_\_\_\_\_
4. I will keep the following items in a bag ready to go:  
\_ cell phone or change to make a call \_ drivers license or other ID \_ my keys \_ Social Security Card \_ health info \_ prescriptions and medications  
\_ cash \_ spare clothes \_ protective/restraining orders \_ other items  
(specify) \_\_\_\_\_